***CONNECTICUT/ LOCAL RESOURCES: By Amanda Brill, LCSW***

All CT resources can be found: <https://uwc.211ct.org/about/>

**Transportation Resources**

The para-transit service is designed to provide those persons with disabilities equal access to public transportation. Additionally, individuals who have been certified as ADA eligible in other communities may use the local ADA paratransit service when visiting this region. Call (860) 724-5340 or (860) 724-5340 ext 3100 for information and application forms.

<https://www.hartfordtransit.org/ada.html>

Metro Wheel Chair Service Inc. – Can provide a wheelchair if you don't have one – transport into and out of doctor's office. Prefer 48 hour notice. For more information, call 860-643-4322. Fee – depends on where you are going – may also call First Transit @ (888) 743-3112 for payment information.

Nutmeg Senior Rides – 24 hour transportation for seniors – requires at least 1-2 days’ notice to schedule a ride. For more information, call (860) 758-7833.

Allied Transportation – Weekday, Weekend and Holiday transportation to special events, funerals, medical appointments, shopping, etc. – anywhere you wish to go. For more information, call (860) 741-3701.

FISH OF GLASTONBURY: Transportation for Glastonbury residents to medical and medically-related appointments in East Hartford, Farmington, Hartford, Manchester, Rocky Hill, West Hartford and Wethersfield. Rides for social service appointments also provided. Transportation provided T-F: 8am-4pm. Transportation to medical appointments in the UConn Health Center area provided T-F: 10am-2pm only. Note: Rider must be ambulatory; cannot accommodate wheelchairs.

**General Aging Resources**

Area Agencies on Aging are private, nonprofit planning agencies, each guided by its own Board of Directors and Advisory Council.  Through funding provided by the State Department of Aging and Disability Services, each AAA receives Federal Older Americans Act (Title III) funds and State funds that are allocated to elderly service providers through a request for proposal process. AAAs fund the following services; Social Services, Nutritional Services, Disease Prevention & Health Promotion Services, Family Caregivers Support Services, Adult Day Care Aide Positions (to provide day care services to victims of Alzheimers’s Disease and related dementia). The five AAAs, listed below, may also provide direct services in the areas of community education, advocacy, case management, information and assistance, benefits counseling and training. <https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Area-Agencies-on-Aging>

[**Eastern, Middlesex, Shoreline areas of CT**](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Eastern-Connecticut-Area-Agency-on-Aging)

Senior Resources Agency on Aging

(860) 887-3561

19 Ohio Avenue, Norwich CT 06360

**[North Central areas of CT](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/North-Central-areas-of-CT)**
North Central Area Agency on Aging

(860) 724-6443

151 New Park Avenue, Box 75, Hartford, CT 06106

**[South Central areas of CT](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/South-Central-areas-of-CT)**
Agency on Aging of South Central CT

(203) 785-8533

117 Washington Avenue, North Haven, CT 06473

**[Southwestern areas of CT](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Southwestern-areas-of-CT)**
Southwestern CT Agency on Aging

(203) 814-3698

1000 Lafayette Boulevard, Bridgeport, CT 06604

**[Western areas of CT](https://portal.ct.gov/AgingandDisability/Content-Pages/Topics-A-Z/Western-CT-Area-Agency-on-Aging)**
Western CT Area Agency on Aging

(203) 757-5449

84 Progress Lane, Waterbury, CT 06705

**Connecticut's Aging & Disability Resource Centers are known as "Community Choices."**

Community Choices is a powerful information hub linking older adults, persons living with disabilities, and caregivers in Connecticut to the services and supports they seek.  Our dedicated staff can connect you to everything from a name and phone number to more detailed information regarding community services through activities such as benefit screening, options counseling, and care transitions. How we can support.

Our dedicated staff and information specialists have experience in a number of different areas. Community Choices offers:

• Options Counseling

• Short Term Care Management

• Care Transitions

• Application Assistance

• Decision Support

• Follow-up

• Long Term Care Planning

• Benefits Screening

• Information & Assistance

We can also connect you with services such as:

• Adult Day Care

• Disability Services

• Elder Abuse Prevention

• Employment, Financial, Housing and Equipment assistance

• In-home Services

• Legal Services

• Mental Health / Substance Abuse Services

• Transportation

• Nutrition

Contact Community Choices by calling 1-800-994-9422 or visiting a local Community Choices office as detailed below:

North Central Community Choices:

-Independence Unlimited - 151 New Park Ave., Hartford

 (860)523-5021 [www.independenceunlimited.org](http://www.independenceunlimited.org)

-Connecticut Community Care, Inc. - 100 Great Meadow Rd. Wethersfield

 (860)257-1503 x4369 [www.ctcommunitycare.org](http://www.ctcommunitycare.org)

-Disabilities Network of Eastern Connecticut - 19 Ohio Ave., Norwich

 (860)823-1898 [www.dnec.org](http://www.dnec.org)

-Connecticut Community Care, Inc. - 108 New Park Ave., Franklin

 (860)885-2960 [www.ctcommunitycare.org](http://www.ctcommunitycare.org)

**My Place CT** There are formal services and supports that could potentially complement what you provide as a caregiver. Services such as home delivered meals and transportation might help with the range of assistance needed. Refer to the Services and Supports section of My Place CT to explore the options. <https://www.myplacect.org/about-us/>

# Municipal Agents for the Elderly Every Connecticut city and town has a Municipal Agent for the Elderly who assists town residents ages 60+ by providing information and referrals to local, state, and federal services and benefit programs. Municipal Agents are familiar with programs and benefits such as Medicare, Medicaid, SNAP (Food Stamps), Social Security, protective services, legal services, adult day care, housing, transportation, and local senior and community groups. Many also help seniors fill out application forms for benefits. Each of Connecticut’s 169 towns has a Municipal Agent and/or Social Service Department available to help older adults understand the programs and benefits available to them. To speak with a municipal agent, see the 2-1-1’s Municipal Agent for the Elderly listing, by town: <https://www.211ct.org/search?terms=Municipal%20Agents%20for%20the%20Elderly&page=1&location=ct&service_area=connecticut>

**EASTER SEALS**

<http://www.hartford.easterseals.com>

Easter Seals at (860)270-0600 Service agency for children and adults with physical, psychological, or developmental disabilities offers outpatient medical rehabilitation and vocational rehabilitation services including placement in transitional and supportive employment and special education services.

**The Connecticut Care Planning Council (CtCPC)**

<http://www.careconnecticut.org/index.htm>

The sole purpose of our listing service on this website is to assist you in contacting long term care providers or advisors in your area who may be helpful to you. Caregiving support and reading material.

 **BENEFITSCHECKUP**

 [www.benefitscheckup.org](http://www.benefitscheckup.org)

BenefitsCheckUp is the National Council on Aging‘s on-line tool for people ages 55+ to see what federal and state programs may be available to them.

**Homecare Programs**

**PCA Waiver Program/Personal Care Assistance Waiver Program**

<http://www.portal.ct.gov/DSS/Health-And-Home-Care/Medicaid-WaiverApplications/Medicaid-Waiver-Applications>

The PCA Waiver Program funds personal care aides for income/asset eligible adults (ages 18-64) who have chronic, severe and permanent physical disabilities and who want to live as independently as possible.

**CONNECTICUT HOME CARE PROGRAM FOR ELDERS (CHCPE)** <http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305170>

Community Options Unit at DSS Central Office, (800)445-5394 / Fax to 860-424-4963 Online applications can be accepted at: <https://www.ascendami.com/CTHomeCareForElders/default/>

<https://portal.ct.gov/DSS/Health-And-Home-Care/LongTerm-Care/Community-Options>

Connecticut Home Care Program for Elders manages medical and non-medical support services that are needed by frail individuals ages 65+ to avoid institutionalization. Cost of services cannot exceed cost of institutional care. There are no income limits for the program, but clients in higher income ranges are required to contribute to the cost of the services they need. Asset limits depend upon income level. The benefit of program participation for older adults with higher incomes and who must pay for full cost of care is that they can receive the case management and care oversight services.

**HOME CARE PROGRAM FOR DISABLED**

For information and to apply, call DSS’s Alternate Care Unit. State-funded pilot program for adults with disabilities provides home care services needed to keep the person living independently in their own home. The program targets (but is not strictly limited to) adults with multiple sclerosis, Alzheimer's, cerebral palsy, Parkinson's disease, or other neurological degenerative diseases that cause them to need professional help to remain independent. Income and asset limits: Same as Home Care Program for Elders, Not eligible for Medicaid. Care plan cannot exceed $2600/month.

**Caregiver Homes of Connecticut**

Community-based program has helped families provide high-quality, 24-hour care for elders at home. We help make it possible for a family member or friend to become the primary in-home caregiver by providing them with the support and financial assistance they need. In Connecticut, our Structured Family Caregiving model is known as Adult Family Living (AFL). Caregiver Homes of Connecticut, 100 Great Meadow Road, Suite 505, Wethersfield, CT 06109 Phone: 866-782-9567 Email: referral@caregiverhomes.com

**Used/ Donated Durable medical Equipment**

The NEAT Center at Oak Hill: <https://oakhillct.org/NEAT-Center>

Jennifer Alexander, NEAT Services Engagement Coordinator

33 Coventry St. Hartford, CT 06112; P: 860-243-2869

neatrestore@oakhillct.org

West Hartford Senior Center (Most Senior Centers have a DME donation and borrow program)

 15 Starkel Road, West Hartford, CT 06117

 (860) 561-7583, Fax: (860) 561-7506

Windham Regional Community Council, Inc.872 Main Street, Willimantic, CT 06226
Phone (860) 423-4534 Fax (860) 423-2601Jennifer Lortie,10:00a-2:30pjennifer.lortie@wrccinc.org

**Medical Equipment Loan Closets:** Many agencies, and sometimes town social service departments, operate loan closets that lendequipment such as wheelchairs, walkers, etc. to people who need them. Some loan closets may also sellused medical equipment and assistive technology equipment for nominal fees.

**TECH ACT PROJECT/ASSISTIVE TECHNOLOGY LOAN PROGRAM:** The Bureau of Rehabilitation Services’ Tech Act Project provides low interest loans to people with disabilities to purchase equipment or to make home or vehicle modifications to maintain or improve functional capabilities. <http://www.cttechact.com/>

**Meal Delivery**

CRT Meals on Wheels

Homebound seniors can receive healthy lunches and dinners delivered to their door. Special diets and textures are available. Call (860) 560-5828

CW Resources Meals on Wheels, (860) 229-7700 x239.

Juniper Homecare Meals on Wheels, Homebound seniors can receive healthy lunches and dinners delivered to their door. Call 860-922-4466 for information.

October Kitchen Fully Prepared Meals; [www.octoberkitchen.com](http://www.octoberkitchen.com)

309 Green Road

Manchester, CT 06042

860-533-0588

**National Resources for older adults, family caregivers and care-partners**

<https://www.agingcare.com/local>

Facilitating an online forum where caregivers can share their experience and learn from others by asking questions, giving answers, or participating in a group discussion.Helping caregivers find and compare local service providers like elder law attorneys, in-home care companies and senior housing options.Providing helpful, actionable and insightful articles, ebooks, checklists, legal forms, and guides produced and written by professional writers and elder care experts.

<https://www.nia.nih.gov/about/about-website>

The National Institute on Aging (NIA) website offers information about the science of healthy aging, and Alzheimer’s disease and Alzheimer’s disease-related dementias (AD/ADRD). NIA scientists and other experts review the content of this website before it is published to ensure that it is evidence-based, accurate, authoritative, and up to date.

<https://www.usa.gov/disability-caregiver>

USAGov's mission is to make it easier for everyone to find and understand the government services and information they need—anytime, anywhere, anyway they want.

<https://www.caregiver.org/connecticut-association-area-agencies-aging-aaas>

The mission of Family Caregiver Alliance (FCA) is to improve the quality of life for family caregivers and the people who receive their care. Our services include assessment, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation vouchers. FCA is a longtime advocate for caregivers in the areas of policy, health and social system development, research, and public awareness, on the state, national and international levels. The services, education programs, and resources from FCA are designed with caregivers’ needs in mind and offer support, tailored information, and tools to manage the complex demands of caregiving.

<https://acl.gov/programs/support-caregivers/national-family-caregiver-support-program>

The National Family Caregiver Support Program (NFCSP) provides grants to states and territories to fund various supports that help family and informal caregivers care for older adults in their homes for as long as possible.

<https://eldercare.acl.gov/Public/Index.aspx>

The Eldercare Locator is a nationwide service that connects older Americans and their caregivers with trustworthy local support resources. Whether help is needed with services such as meals, home care or transportation, or a caregiver needs training and education or a well-deserved break from caregiving responsibilities, the Eldercare Locator is there to point that person in the right direction.

<https://www.medicare.gov/homehealthcompare/search.html>

Compare Medicare-certified home health agencies. Home health care provides a wide range of health care services for an illness or injury.

<https://www.medicare.gov/nursinghomecompare/search.html>

Nursing Home Compare has detailed information about every Medicare- Opens in a new window and Medicaid- Opens in a new window-certified nursing home in the country. A nursing home is a place for people who can’t be cared for at home and need 24-hour nursing care.

<https://longtermcare.acl.gov/about-us.html>

The Administration for Community Living, an agency of the U.S. Department of Health and Human Services, brings together the efforts and achievements of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability to serve as the Federal agency responsible for increasing access to community supports, while focusing attention and resources on the unique needs of older Americans and people with disabilities across the lifespan.

<https://www.seniorlink.com/for-partners>

Seniorlink provides professional coaching, emotional and financial support for families caring for loved ones.

**Veteran’s Benefits (many and they do not advertise them)**

**Veterans Aid & Attendance Pension Benefit**

Pension is a monthly, tax-free monetary payment to veterans who served during a period of war. It is also available for their single surviving spouses and/or dependent children. Pension is means tested with an income and an asset test.Pension in 2020 range from $768 a month to $2,266 a month depending on the type of claim and the medical rating involved. The misnomer creates confusion because aid and attendance allowances are also available for service-connected disabilities – Disability Compensation – and to a spouse of a service connected disabled veteran. Also, an aid and attendance allowance is available to a surviving spouse of a veteran if the surviving spouse is receiving DIC (Dependency and Indemnity Compensation). There are about 16 different monetary levels of aid and attendance or housebound allowances available with non-service-connected and service-connected disability programs for veterans or their surviving spouses.There is a sister benefit to Pension called Compensation. This is for veterans who are disabled because of injuries or illnesses incurred while on active duty. A veteran household cannot receive Pension and Compensation at the same time.

Eligibility Requirements for Pension: Previous active duty service for at least 90 days, with at least one of those days during a period of war AND an honorable discharge or a discharge classified as other than dishonorable. Service in combat is not required. For veterans of the Gulf War, the service requirement is 24 months or completion of the requirement for active duty service, whichever comes first. Eligibility for Survivors Pension for surviving spouses or dependent children of a deceased veteran requires the same wartime service for the deceased veteran. **Period of War; Beginning and Ending Dates**

World War II:December 7, 1941 through December 31, 1946, Korean Conflict:June 27, 1950 through January 31, 1955, Vietnam Era: August 5, 1964 through May 7, 1975; for veterans who served "in country" before August 5, 1964, February 28, 1961 through May 7, 1975,Gulf War:August 2, 1990 through a date to be set by law or Presidential Proclamation

***Medication, co-pay and deductible assistance Programs and Foundations***

**Healthwell Foundation**

Hours: M-F 9am-5pm EST
Phone: (800) 675-8416
Fax: (800) 282-7692

[https://www.healthwellfoundation.org/disease-funds/](https://mail.hhchealth.org/owa/redir.aspx?C=_5pTi3u5_H5lFcH6zuUzdpHa5qtfWyXE6bTiGsbwF40-m46J3bTXCA..&URL=https%3a%2f%2fwww.healthwellfoundation.org%2fdisease-funds%2f)

Our Mission: To reduce financial barriers to care for underinsured patients with chronic or life-altering diseases.. When health insurance is not enough, we fill the gap by assisting with copays, premiums, deductibles and out-of-pocket expenses. We provide financial assistance to help with: Prescription copays. Health insurance premiums, deductibles and coinsurance, Pediatric treatment costs, Travel costs

**The Assistance Fund**

<https://tafcares.org/patients/eligibility/>

(855) 845-3663 Patient Fax - (833) 865-3757
Headquarters: The Assistance Fund
4700 Millenia Blvd., Suite 410
Orlando, FL 32839

The Assistance Fund is an independent charitable patient assistance foundation that helps patients and families facing high medical out-of-pocket costs by providing financial assistance for their copayments, coinsurance, deductibles, and other health-related expenses.

**Patient Access Network Foundation- PAN Foundation**

<https://panfoundation.org/index.php/en/about-us>

We provide financial assistance in the form of grants to eligible patients with life-threatening, chronic and rare diseases. Patients have complete freedom to choose their covered medications, healthcare providers, pharmacies and insurance plans.

**Connecticut Medicare Savings Program (MSP)**

Financial assistance is available to eligible Medicare enrollees through the State’s Medicare Savings Program (MSP). The Department of Social Services will pay qualifying applicants’ Part B monthly premiums. Some programs may offer additional financial assistance for deductibles and coinsurance. There are three different MSPs, based on income eligibility:

* Qualified Medicare Beneficiary (QMB): Pays both Medicare Part A and Part B premiums, deductibles and co-insurances.
* Special Low-Income Medicare Beneficiary (SLMB): Pays Medicare Part B premiums.
* Additional Low-Income Medicare Beneficiary (ALMB): Pays Medicare Part B premiums. **Note that ALMB is not an entitlement program and the funding is limited. When available funds are exhausted applications will be denied.**

PARTNERSHIP FOR PRESCRIPTION ASSISTANCE (PPARX)

For assistance by phone call 1-(888)344-8915 Coalition of pharmaceutical companies and other national organizations provides a single point of access to patient assistance programs that in turn provide free or low-cost medications to income eligible individuals. People can call for assistance or access info and applications via the web site.

NEEDYMEDS:<http://www.needymeds.com> NeedyMeds is a Web based information source on prescription assistance programs offered by pharmaceutical companies. The website lists drugs and links the patient to information about the specific program that is offered by the pharmaceutical company that produces the drug. Information includes eligibility detail and links to application forms, if available.

PRESCRIPTION DISCOUNT CARDS: There are many drug discount cards being offered. Search the Internet with “Prescription Discount Cards” to find information, or go to the AARP Discount Programs. Also, some hospitals offer drug discount cards. Call hospitals in your area

**Parkinson’s disease Specific Resources**

Parkinson's Wellness Fund- <https://parkinsonswellnessfund.org/#values>

Providing guidance, support and emotional support in a variety of areas.Currently have a waiting list. Feb 2020. Only need to provide PD diagnosis, Eligible to receive more than one grant, work directly with a case manager around grant opportunities. Examples on site include: home modifications, wheelchair, Acupuncture, Boxing, Gym membership.

Melvin Weinstein Foundation: <https://www.mwpf.org/our-story/>

The Melvin Weinstein Parkinson’s Foundation is a not for profit organization with a clear mission. We purchase equipment and supplies necessary to maintain a safe and healthy environment for Parkinson’s patients. Application is on the website. They do ask income and expenses on the application but do not require documentation to verify.

CT Chapter APDA:

<https://www.apdaparkinson.org/community/connecticut/resources-support-ct/patient-aid-scholarship/>

The APDA Connecticut Chapter offers a patient aid scholarship program designed to provide financial support to people with Parkinson’s disease (PD) and their families. Approved applicants will be eligible to be granted a $300 one-time payment per calendar year (January-December). Funds are limited and will be awarded on a first-come basis.

**Legal Services**

**Legal Aid/Statewide Legal Services of Connecticut**

Ensuring low-income individuals can meet their basic needs. Can provide assistance with questions related to Family law, public benefits, housing, unemployment & other legal problems and be assured equal access to opportunities and justice. Phone: 1-800-453-3320. Apply for legal help online at: http:/slsct.org/get-help

**CT Community Law Center**

The Connecticut Community Law Center offers affordable legal consultation and representation to low and moderate income individuals and families. For information call 860-570-5400 or email cclc@uconn.edu.

**Legal Center for Medicare Advocacy**

The Center for Medicare Advocacy, Inc., is a national nonprofit, nonpartisan law

organization that provides education, advocacy and legal assistance to help older people

and people with disabilities obtain fair access to Medicare and quality health care.

Phone: (860) 456-7790 or visit the website at [www.medicareadvovacy.org](http://www.medicareadvovacy.org).

**National Academy of Elder Law Attorneys:** <https://www.naela.org/findlawyer>

Help finding an attorney that specializes in Elder Law and Special Needs Planning.

**Lawyer Referral Services:** [www.cwealf.org](http://www.cwealf.org/)

Referral to private attorneys, and community and social service organizations. Refers to attorneys working in education law, employment law, or family law; some attorneys also handle landlord/tenant cases; does not refer to criminal lawyers; will see clients on site by appointment; does not have a list of pro-bono attorneys, but can refer to attorneys who may work on a sliding scale or work out a payment schedule. Attorney referral requests are also available through website.
146 Wyllys Street
Hartford, CT
06106, 800-479-2949; 860-524-0601; 860-247-6090

**Lawyer Referral Services:**  [www.hartfordbar.org](http://www.hartfordbar.org)

Individuals are linked with outside attorneys by location and specialty to assess legal problem in terms of viability and cost to the client. Client pays $35 for first 30 minutes in consultation (except for personal injury, Social Security, and workers' compensation cases); fees charged after the first 30 minutes are set by the attorneys. The lawyer referral service encourages in-person visits to recommended attorneys, but attorneys will do phone consultations for clients who are out of state, who lack transportation, or who are physically unable to come to their offices. Serves Hartford, Middlesex, Tolland, Windham and Litchfield counties.
100 Pearl Street, 4th Floor
Hartford, CT 06103 P: 860-525-6052

OFFICE OF THE HEALTHCARE ADVOCATE

 [www.ct.gov/oha](http://www.ct.gov/oha)

Mediates disputes between managed care companies and beneficiaries; Informs callers on rights and how to appeal a decision. 1-866-HMO-4446